

Alice *Haemmerle*

**Master Trainer
Mentor
Speaker**



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Roles

Master Trainer, Mentor, Speaker and Creator of The Communication Code™.

Introduction

Alice Haemmerle is a Peak Performance, Communication and Relationships Coach and is the “secret weapon” of the elite of our sports, business and corporate sectors. She has prepared the champion mindsets of more than a dozen Olympians (beach volleyball, kayaking, bobsleigh) for the games in Sydney, Athens, Beijing and Vancouver. Between 2003 and 2010 she coached Australia’s top Beach Volleyball teams as their Peak Performance Coach and she has worked with professional tennis players, swimmers, bodybuilders, rugby coaches and golfers helping them take their already outstanding performances to new levels.

Alice is a recognised worldwide as a leader in Neuro Linguistic Programming (NLP) and one of its most outstanding trainers, with a strong focus on communication, relationships and the modelling of excellence in all areas of life.

Alice is a classically trained singer and voice teacher. Teaching students of all ages and musical styles to sing showed her that much of what prevents someone from fully applying and developing their natural abilities is based on emotional “hang-ups” and she started to look for ways to help her students get past these issues quickly and with lasting effect. When she discovered NLP she realised she had found the appropriate tools to do just that, and so much more. Since then Alice has continued to dedicate herself to the study of human behaviour, communication and relationships.

Qualifications

Alice is a Master Trainer of NLP (Neuro Linguistic Programming), Time Line Therapy™ and Hypnosis and a Co-creator of Deep State Repatterning™ and has trained hundreds of coaches as NLP Practitioners, Master Practitioners and Trainers.

She is a Certified Trainer of Quantum Reading™, a Certified Master Success and Peak Performance Coach, a Founding Member of the Australian Board of NLP and the Creator of the Instant Insight Communication Systems™ for Business/Leadership, Relationships, Sports and Sex Coaching.

Alice holds Bachelor and Masters Degrees in Vocal Performance and Music Education and has a Certificate IV in Training and Assessment.

Coaching

Alice has over 10,000 hours of extensive coaching, presentation and training experience and has personally trained and worked with hundreds of individuals and companies providing Peak Performance Coaching, Executive Coaching, training and workshops throughout Australia. Her students are around the world and are making a positive impact in training, coaching and speaking.

Between 2003 and 2010 she coached Australia's top Beach Volleyball teams as their Peak Performance Coach and has worked with several other Olympic athletes and professional sports people enabling them to take their already outstanding performances to new levels.

Working closely with the nation's top athletes has given her unique insights into what going beyond boundaries, holding up under pressure and exceeding what you previously thought possible really means. These insights gave Alice another one: aren't these things exactly what we need to create better connections, communication and influential leadership?

Her clients included Mercedes Benz, Roche Pharmaceutical, OzForex, Eventful Management, Lenovo, Winnebago as well as dozens of small to medium sized businesses and hundreds of couples and individuals. She has coached Olympians for the Summer and Winter Games in Sydney, Athens, Beijing and the Vancouver Games and has been a contributor to the Sydney Morning Herald and other publications as their resident "Relationship & Sex Expert".

Training

Alice is one of the foremost Trainers of Neuro Linguistic Programming (NLP) in the country and has trained thousands of students to achieve coaching certifications. She holds a Certificate IV in Training and Assessment and has been training and certifying trainers of NLP for more than ten years.

Drawing on her comprehensive training experience Alice has developed a new way of training NLP and her [Discovery Trainings](#) are specifically designed to teach students in ways that are practical and directly applicable in the major aspects of their lives, Personal, Business and Relationships.

Mentoring

Through her [Instant Insight Academy Mentoring Program](#) Alice is mentoring professional coaches, trainers and speakers to use their potential to the fullest and is helping them hone their craft so they can provide the best value to their clients.

This program is delivered through monthly private mentoring calls, live webinars, online training and face-to-face trainings several times a year.

Systems

Based on her extensive coaching and training experience Alice has developed the [Instant Insight Communication Systems™](#), a series of unique behavioural profiling tool and powerful coaching systems for Business, Sports, Relationships and Sex.

Each Instant Insight Communication System™ consists of extensive training documentation, videos and audio files, coaching templates and scripts, a custom developed online profiling tool and a certification exam, designed so coaches know exactly how to analyse their clients' needs and leverage points and help them get great results in the most effective way.

Bringing together her research, work and results of over 15 years of coaching, training and facilitation, Alice has created **The Communication Code™**, a system that allows you to discover the motivation, working and behavioural styles and strategies of an individual with one question.